

# A Ret HC Cream

Prescription Required

## MANUFACTURER

A. Menarini India Pvt Ltd

## SALT COMPOSITION

Hydroquinone (2% w/w) + Tretinoin (0.05% w/w) + Hydrocortisone (1% w/w)

## STORAGE

Store below 30°C

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## PRODUCT INTRODUCTION

A Ret HC Cream is a prescription medicine having a combination of medicines that is used to treat melasma. It helps in quick skin renewal. It provides relief from redness, swelling and itching.

A Ret HC Cream should be used in the dose and duration as advised by your doctor. Wash your hands before using this medicine. It is advised to check the label for directions before use. It is for external use only.

Do not use this medicine more than the recommended dose. Inform your doctor if you have known allergies from this medicine. The common side effects of this medicine include thinning of the skin, dry skin, burning, irritation, itching and redness at the application site.

If these side effects or any other symptoms which you think are because of this medicine persist for a longer duration, please consult your doctor. Inform your doctor if you are pregnant or are suffering from any other disease. This medicine is not safe to use in breastfeeding mothers.

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## USES OF A RET HC CREAM

- Melasma

## BENEFITS OF A RET HC CREAM

### In Melasma

Melasma is a common skin problem that causes dark, discolored patches on your skin primarily on the face. It frequently occurs during pregnancy and menopause. A Ret HC Cream helps to lighten these dark patches by reducing the production of melanin (natural skin pigment). It lightens skin color and gives a smoother-looking skin. A Ret HC Cream also reduces any swelling, redness and itchiness especially if you have a sensitive skin. This helps boost your self-esteem and confidence as your appearance changes. Keep using it for as long as it is prescribed to get the full benefits.

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## SIDE EFFECTS OF A RET HC CREAM

Most side effects do not require any medical attention and disappear as your body adjusts to the medicine. Consult your doctor if they persist or if you're worried about them

### Common side effects of A Ret HC

- Thinning of skin
  - Dry skin
  - Application site reactions (burning, irritation, itching and redness)
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## HOW TO USE A RET HC CREAM

This medicine is for external use only. Use it in the dose and duration as advised by your doctor. Check the label for directions before use. Clean and dry the affected area and apply the cream. Wash your hands after applying, unless hands are the affected area.

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## HOW A RET HC CREAM WORKS

A Ret HC Cream is a combination of three medicines: Hydroquinone, Tretinoin and Hydrocortisone which treat melasma (dark spots on skin). Hydroquinone is a skin lightening medicine. It reduces the amount of a skin pigment (melanin) that causes darkening of skin. Tretinoin is a form of vitamin A that helps the skin to renew itself more quickly. Hydrocortisone is a steroid which blocks the production of certain chemical messengers (prostaglandins) that make the skin red, swollen and itchy.

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## SAFETY ADVICE



### Alcohol

No interaction found/established



### Pregnancy

#### CONSULT YOUR DOCTOR

A Ret HC Cream may be unsafe to use during pregnancy. Although there are limited studies in humans, animal studies have shown harmful effects on the developing baby. Your doctor will weigh the benefits and any potential risks before prescribing it to you. Please consult your doctor.



### Breast feeding

#### UNSAFE

A Ret HC Cream is unsafe to use during breastfeeding. Data suggests that the drug may cause toxicity to the baby.



### Driving

No interaction found/established



### Kidney

No interaction found/established



### Liver

No interaction found/established

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## WHAT IF YOU FORGET TO TAKE A RET HC CREAM?

If you miss a dose of A Ret HC Cream, apply it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular schedule. Do not double the dose.

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